

Welcome...

Nestled between Canterbury and Folkestone, the Elham Valley is in the Kent Downs Area of Outstanding Natural Beauty.

There can be few places as tranquil as Kent's Elham Valley which is so easy to reach and offers such a range of activities. Enjoy a walk in the unspoiled countryside followed by a pub lunch at one of the many charming village pubs. Breathe in the fresh air, drink in the views and feel yourself relax.



Stay longer and learn a traditional craft. Hire a bike, play a round of golf or treat yourself to a chauffeur driven tour. Return home with goodies from the farmers' market and with body and soul refreshed.

There's accommodation to suit every budget from a simple B&B to self catering or luxury rooms and many great places to eat.

A place to nurture mind, body and soul.

Getting Here



By Car access is easy from the M20 and A2

By Rail to Sandling or Folkestone for the southern end of the Valley, to Canterbury for the northern end. For train times see www.nationalrail.co.uk

By Bus on the following regular local bus routes:
Route 18 – Hythe - Canterbury
Route 17 – Folkestone - Canterbury
Route 16 & 16a – Canterbury -Saltwood
www.stagecoachbus.com/timetables.

These walker friendly buses allow you to roam the Elham Valley, and transport you back to most of the surrounding towns and villages. Leave your car behind and buy a great value 1 day Explorer or 7 day Megarider ticket.

Visitor Information

www.kentselhamvalley.co.uk

www.canterbury.co.uk



www.discoverfolkestone.co.uk

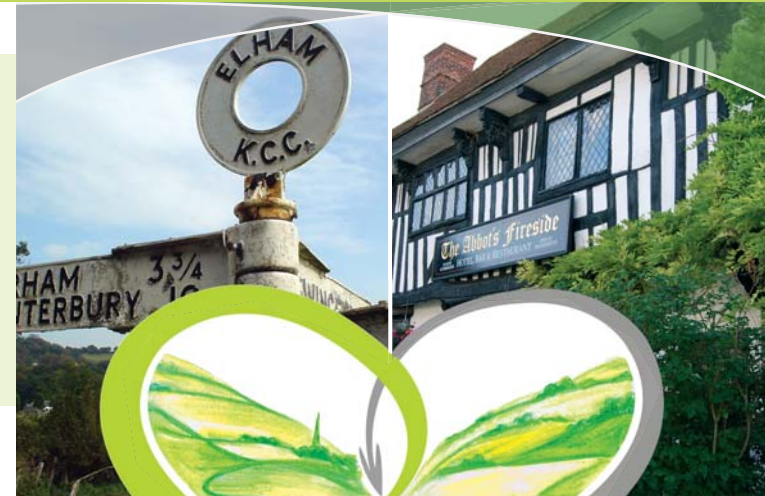


www.visitkent.co.uk

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ELHAM
PARISH COUNCIL



KENT'S
**Elham
Valley**

Escape, Discover, Unwind

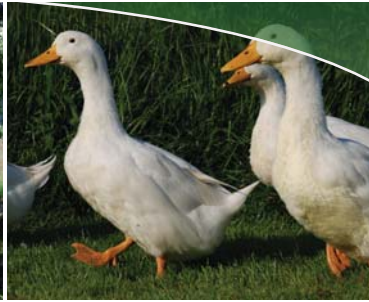


www.kentselhamvalley.co.uk

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Highlights and Days Out in the Elham Valley...



Enjoying the great outdoors

There are many ways to enjoy the jewel of the Elham valley – the countryside. Walk along the Elham Valley Way, cycle along the 'Coast to Cathedral' route or explore the valley on horseback. For something a little slower-paced, explore the Valley's nature reserves, historic parklands, vineyards and ancient woodlands.

Broadening your horizons

The Elham Valley is well known for its range of fun activities and experiences for visitors of all ages. Learn bushcraft and survival skills in the forest, how to throw a pot or to spin and weave. You could also try your hand at; sculpture and ceramics painting, felt making, bee keeping for beginners, drum and even soap making.

Recharging your batteries

Just spending time in the Elham Valley is a great way to unwind and relax. The valley has a growing reputation as a centre for 'health and wellbeing' and you will find yoga, meditation and sound therapy workshops, massage, reflexology, beauty treatments and much more.



Elham Farmers' Market

2nd and 4th Sundays of each month, 10am-12noon
March to December
Rose & Crown Courtyard,
Elham CT4 6TD
www.elhamfarmersmarket.co.uk

Grid ref:
M7



Annie Begley

Come & Play with some mud!
Creative & Therapeutic
Sculpture, Painting & Pottery
workshops
Tel: 01303 840665
www.anniebegley.co.uk

Grid ref:
K8



Bourne Physiotherapy

Professional Physiotherapy for
multiple conditions & Injuries
2 Cullings Hill, Elham, CT4 6TE
Tel: 01303 840577 or
07910748152
www.bournephysio.co.uk

Grid ref:
M7



Downland Cycles

Hire, events, courses, repairs &
retail. Open Mon-Sat 9 - 5:30
Malthouse Road, Canterbury,
CT2 7JA
Tel: 01227 479643
www.downlandcycles.co.uk

Grid ref:
A2



Elham Valley Yurts

Stay in a Yurt in the beautiful
Elham Valley.
B&B or self catering. CT4 6NL
Tel: 01303 840859 or
07932163613
www.elhamvalleyyurts.co.uk

Grid ref:
M9



Roundwood Hall Golf Club

A picturesque 9 hole Pay & Play
Course. No booking required,
Ideal for new players.
Stone St, Lyminge, CT18 8DJ
Tel: 01303 862260
www.roundwoodhall.co.uk

Grid ref:
P3



Charlton Park Foundation

An elegant venue offering;
outdoor theatre & concerts,
sports, classes, weddings,
conferences & meetings.
Tel: 01227 831355
www.charlton-park.org

Grid ref:
E8



Barham Downs Churches

3 churches that chart the
history of the Elham Valley.
Open daily for heritage visits,
and Sunday for worship
Tel: 01227 831340
www.barhamdownschurches.org.uk

Grid ref:
G10

View map overleaf for locations and much more besides...

www.kentselhamvalley.co.uk

Places to Stay, Eat and Visit...

B&B bishopsbourne
 stylish, luxury accommodation at the crown of the elham valley, less than 5 miles from the city of canterbury.
 contact lizzie - 01227 83 22 83
 info@beechborough.com
 beechborough.com



E8

Boyke Manor Cottages
 History, quality and a very warm welcome at our self-catering cottages.
 Tel : 01303 862173
 or 07860 452640
 www.boykemanorcottages.co.uk



Grid ref: **O6**

Elmfield Farm Cottages
 A warm welcome awaits at our two cosy self catering cottages on our farm high on the Kent Downs.
 Tel: 01227 709404
 www.elmfieldfarmcottages.co.uk



Grid ref: **M3**

Bridge Cottage B&B
 Two tastefully furnished, en-suite family rooms. Beautiful setting on the Elham Valley Way
 Ottinge, CT4 6XJ
 Tel : 01303 862933
 www.bridgecottagesimplybandb.co.uk



Grid ref: **O6**

Shuttlesfield Barn
 High quality, full facility, self catering property. Two bedrooms, ensuite bathroom & wetroom. Families, dogs & horses welcome. Disabled facilities. Country location on recreational routes. Heated outdoor pool in summer. Short & long stays welcome.
 Shuttlesfield Barn, CT18 8LB
 Tel: 01303 862729
 www.shuttlesfieldbarn.co.uk



Grid ref: **P7**

Elmsted Court Farm B&B
 Elmsted, TN25 5JN
 Tel : 01233 750269

Grid ref: **L1**

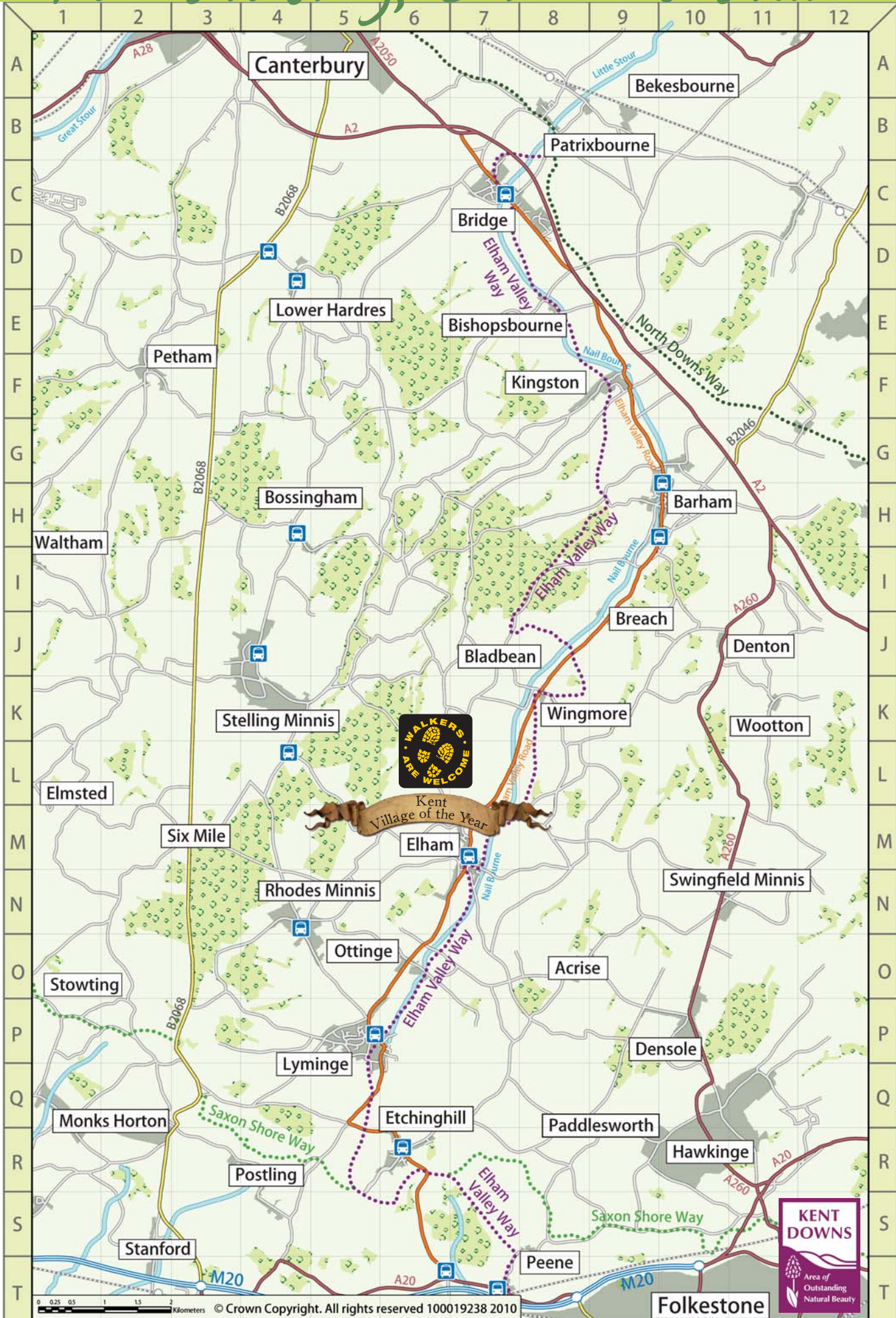
Molehills Bed & Breakfast
 Bladbean, CT4 6LU
 Tel : 01303 840051

Grid ref: **J7**

Discover Folkestone, Hythe & Romney Marsh
 For local information; accommodation bookings; events, attractions, itineraries and a great deal more:
 Tel: 01303 258594
 www.discoverfolkestone.co.uk



Stagecoach
 see the Elham Valley by bus on the **The Link** from Folkestone or Canterbury
 go to stagecoachbus.com/eastkent for timetable info

The Cat & Custard Pot
 Soak up the atmosphere of the Battle of Britain at RAF Hawkinge.
 Paddlesworth, CT18 8AD
 Tel : 01303 892205
 www.catandcustardpot.co.uk



Grid ref: **Q8**

The Kings Arms
 A warm and friendly atmosphere awaits you and your family.
 Open 7 days a week 11am – 12 midnight
 The Square, Elham CT4 6TJ
 Tel: 01303 840242
 www.kingsarms.elham.co.uk



Grid ref: **M7**

Vineyard Tea Shop,
 Elham Valley Vineyard, Barham
 Canterbury CT4 6LN – Open 7 days:
 Breakfasts, Light Lunches, Cream Teas, Cakes to order, Wine Tasting, Pottery, Crafts. Tel: 01227 831266
 www.familyinvestmenthomes.com



Grid ref: **I9**

Vineyard Plant Centre
 Elham Valley Vineyard, Barham
 Canterbury, CT4 6LN – Open 7 days:
 Trees, Shrubs, Bedding Plants, Garden Sundries, Gifts, Crafts, Teashop.
 Tel: 01227 831052
 www.vineyardgardencentre.co.uk



Grid ref: **I9**

Hilltop Spinning & Weaving
 Specialists in Spinning, Weaving, Dyeing and related Textile Craft Supplies and Tuition.
 Open by Appointment Only
 Tel : 01303 862617
 www.handspin.co.uk




Grid ref: **P5**

Crows Camp Studio
 Bishopsbourne CT4 5JH
 Silk Painting Workshops, learn to make unique wearable art or wall hangings. Oil Painting Workshops, produce paintings in oil, develop your painting skills, and further your understanding of techniques, colours and composition. One day workshops 10-5pm
 Ring or email to arrange your day
 janet.crowscamp@btinternet.com
 Tel: 01227 830878
 www.crowscamp.co.uk



Grid ref: **E7**

St.Oswalds Church
 Visit a 12th Century Church, enjoy the architecture, the history and the quiet.
 Paddlesworth, CT18 8AD
 Tel: 01303 893365



Grid ref: **Q8**

Rose & Crown
 Elham, CT4 6TD
 Good local food, en-suite accommodation.
 Tel: 01303 840226
 www.roseandcrown.elham.co.uk

Grid ref: **M7**

Natural Pathways
 Bushcraft courses & forest school. Events to suit adults, children & groups
 Tel: 01304 842045
 www.natural-pathways.co.uk

Grid ref: **I10**